



Vol III No. 9 Naval Regional Medical Center, Orlando, Florida

1 June 1981

Enlisted promotions

We've got something to "crow" about!



Captain Zimble stands by the new HM1's. (left to right): J. Tabora, R. Patterson, M. Gribben, C. Glascock, and J. Allen.



Captain Zimble congratulates the new HM2's. (left to right): K. Poirier, J. Towe, R. Talbot, V. Kazmierczak, and L. Johnson.



Captain Zimble with the first half of the new HM3's: Front row (left to right): I. Pabon, B. Timmins, E. Owens, T. Van-Pelt, and I. Velez-Santiago. Second row: C. Nelson, J. Turner, P. Nerio, K. Lumley, J. Suarez, D. Norton, and B. Curran. Third row: J. Villarreal, T. Wallace, A. White, G. Molly, R. Parvatikar, and E. Lowe.



Second half of the new HM3's. Front row (left to right): R. Bautista, S. Barber, M. Curry, T. Ciesla, O. Devine, and S. Formanek. Second row: K. Houston, M. Despres, C. Cronkhite, K. Fryback, L. Duncan, M. Cantalupo, A. Jordan, and C. Elliott. Third row: W. Klaus, T. Flowers, R. Gallucci, J. Branca, D. Hilman, and P. Garcia.

Be a donor**The Navy Civilian Blood Bank needs you!**

On Thursday, 18 June, the Central Florida Blood Bank will visit the Naval Training Center from 0730 to 1400. The unit will be located in the parking lot between Buildings 2070 and 2095, across the street from the Civilian Personnel Office. All blood given by civilians will be credited to the Navy Civilian Blood Bank. This blood, in turn, is available for the needs of all civilian employees and their immediate families.



For further information,

Call

X4710 or X4514

Whoooizzit?

DO YOU KNOW THIS STAFF MEMBER? (Answer on Page 7.)



Volunteer hours

for April -

2,405 1/2

We're sorry you're leaving!

CDR L. F. Spitz, MC, to civilian life
 LCDR L. S. McCann, MC, to civilian life
 LCDR A. Arana, MC, to civilian life
 LCDR R. E. Elster, MSC, to BuMed
 LT P. M. Helsby, DC, to civilian life
 LT J. V. Thobe, NC, to NRMC, Corpus Christi
 LCDR J. W. Treharne, MC, to civilian life
 LCDR S. C. Condie, MC, to civilian life
 HM3 L. C. Maahs to NRMC, Yokosuka
 HN B. Cardwell to CVN-70
 HM3 J. W. Flack on separation leave
 HN R. Thomas to civilian life
 HM3 J. Carr to NRMC, Guam
 HN R. D. Swarmer to FMSS, Camp Lejeune, and FFT to 3rd FSSG, Okinawa
 HN J. M. Mason to NAMI, Pensacola
 HM2 J. A. Darnell on separation leave
 HMC L. Houseworth to NSHS, San Diego
 HMC R. A. Nanni to NSHS, Bethesda
 HN B. Curran to NAS, Bermuda
 HM3 S. Barber to NavHosp, Rota, Spain

"Hints for the harried - tune in before burn out! II"

The second workshop by Laura Kornick, Executive Director, The Foundation for Health Caring, will be presented on Friday, 12 June, at the NTC Conference Facility, from 1330 to 1530. The presentation is again sponsored by NTC's Federal Women's Program. For further information, call Anna Lewis, X4657.

Vital Signs' Staff

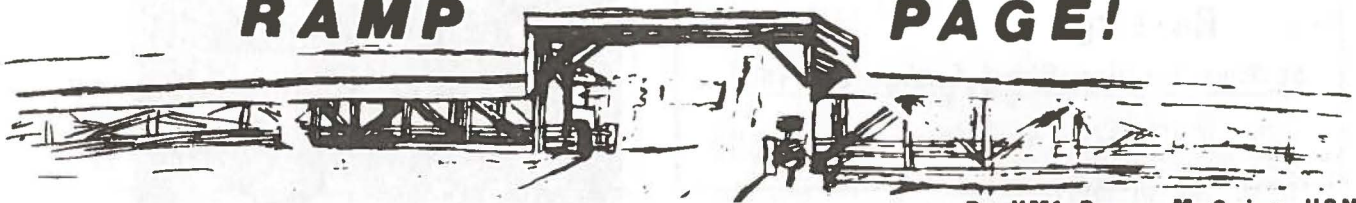
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RAMP**PAGE!**

By HM1 Bogan McQuigg, USN

Since we've moved to our big, new, building, how can we improve our communications?



Paula Ehrenberg, OB/GYN: "Maybe each clinic could send a short memo, once a month, to the other clinics to update changes in the clinic's operations."



HM1 W. C. Tedin, HumResMan Svc: "Since we are now all in one building, we should get acquainted with our neighbors in the different departments. When we know and talk to more people, we will become better informed."



CDR C. R. Loar, Director, Administrative Services: "People must talk to each other!"



ENS G. A. Dailey, Chief, Patient Affairs Service: "By implementation of a contact point management program and requiring attendance by all hands. If we can't communicate among the staff, we certainly can't communicate with our patients!"



HM3 P. Boon, Ass't Nursing Services Detailer: "All the phones need that automatic device that channels incoming calls from one line to another when the first one is busy."



Judith Taylor, Internal Medicine: "More telephone lines! When patients cannot get through, they become very upset and we do not need this. Their blood pressures are high enough!"

Editor's Note: P.S. We decided not to change the name!!!!

Nursing

Service

By LT Greg Holeman, NC, USN

Causes for celebration

Navy Nurse Corps - 73 years of caring



U.S. Navy Photo

The cake hasn't got a chance! The traditional cake cutting was performed with the professional expertise of Captain W. J. Schefstad, Acting Commanding Officer, Ensign Teresa Padol, most junior nurse on board, and Commander Joann H. Megonnel, representing the Director of Nursing Services, Captain Lois E. Nickerson.

LT Thobe honored

LT John F. V. Thobe, NC, USNR, has been selected as the Outstanding Junior Nurse of the Year for 1981. As the recipient of these honors, LT Thobe was presented the Rear Admiral Bartholomew W. Hogan Award Certificate with a \$100 check from Rear Admiral Hogan, and a Letter of Commendation from the Commanding Officer, Captain Zimble. The junior nurses, voting by secret ballot, select a nurse from among their peers, whom they consider the most outstanding.



LT
John F. V.
Thobe,
NC,
USN

Promotions



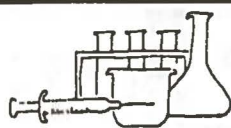
Ronald E. Butcher, NC, USN, receives his new Lieutenant Commander shoulder boards from his wife, Phyllis, Captain Nickerson and Captain Zimble.



Michael G. Perron, NC, USN, receives his Lieutenant Commander shoulder boards from Captain Zimble and Captain Nickerson.



Deborah L. Tuskey, NC, USNR, receives her Lieutenant Commander shoulder boards from Commander Clancy and Captain Nickerson -- with Captain Zimble's approval.



Lab Line

By CDR J. D. Cotelingam, MC, USNR

BACTEC - Bacteriology's pride and joy

The Laboratory is proud to announce the debut of a new piece of space age instrumentation that promises a dramatic decrease in the time required to detect life threatening infections in the blood. The instrument is a radiometric blood culturing system called the BACTEC. Pictured with the instrument is HM1 Robert Patterson, staff microbiology technician.



Petty Officer Patterson explains that the BACTEC uses blood culture bottles that contain radioactive carbon 14 labeled glucose. A sample of blood or other normally sterile body fluid is inoculated into the bottles. Growth of any bacteria present metabolizes the labeled glucose and causes release of radioactive carbon dioxide into the air space of the bottle. The BACTEC "sniffs" this gas and is able to detect minute amounts of radioactivity. Positive blood cultures can be detected much sooner allowing much quicker microbial identification and determination of antimicrobial sensitivity patterns. The BACTEC is the first of many new instruments that are revolutionizing the field of bacteriology. The Laboratory is particularly delighted with the performance of the BACTEC and is proud to be able to

More promotions!



John Ulcickas, MSC, USN, Chief of Human Resource Management Service, receives his new Lieutenant Commander shoulder boards from his wife, Margaret, and Captain Zimble.



Inaam J. Schneider, MC, USNR, Internal Medicine Service, receives her new Lieutenant Commander shoulder boards from her husband, LCDR Richard J. Schneider, MC, USNR, and CDR M. E. Golembieski, MC, USN, Chief of Internal Medicine Service. Captain Zimble delivers frocking letter.



offer this latest state-of-the-art technology to our team of health care providers. We would like to add a note of caution to the medical staff about handling the BACTEC bottles. The radioactivity is completely harmless as long as the bottles are not broken. If a bottle is broken, follow exactly the decontamination instructions packaged with each set of bottles.



Chaplain's

Comments

By CDR W. E. Tumblin, CHC, USN

Rhythms of life

I recently visited the "sinkhole" in Winter Park. It is a large hole, which developed quickly, causing a lot of destruction. But it is a symbol, a sign. It points to another reality -- a change in the geophysical rhythm we have experienced this spring in Central Florida. The lack of the necessary rain to support the good earth has disrupted the geophysical rhythm. This, in turn, affects us -- our personal happiness is living with rhythm. Getting into harmony with the rhythms of nature is vital for gardeners, farmers, explorers. Keeping in touch with the rhythms of our bodies is discovery, learning, good medicine.

The rhythm of work/rest/recreation is taxed near the limit by many medical care providers. "Six days you shall do your work, but on the seventh day you shall rest." Obey this command and you will find blessing. Violate it regularly and risk dis-tress, dis-ease, disturbance.

"Now faith is the assurance of things hoped for, the conviction of things not seen." (Hebrews 11:1). Faithful living is living in harmony with God's eternal rhythms. We recover from sin(k)hole disasters through waiting for the Lord, turning away from self-pity, and claiming our rightful place in the gracious design of God's purpose for human life.

Why not visit our Chapel?



CRA NOTES

By Joyce Sienia



S.O.S. - ???

I have been asked by several staff members, "What happened to the Demolition Party?" Unfortunately our plans, like the old buildings, went down in rubble when the hospital picnic area was blocked off and became inaccessible. However, this did not discourage the CRA Committee members. We unrolled our sleeves, discarded our hard hats, turned in our sledge hammers and sent out a S.O.S.

Newcomers to the staff probably associate S.O.S. with a sign of distress... .. but we old timers know it stands for "SHRIMP or SUBS." Be sure to keep your radar aimed at your CRA Rep. They will announce when the tickets go on sale for next month's "Second Annual S.O.S. Party!"

CRA BIRTHDAY GREETINGS TO: Inell Baldwin, William Taylor, and Alice Wilson on 3 June; June Hicks on 5 June; Joseph Callender on 6 June; Patricia Debow and Mary Yarbrough on 8 June; Clyde Howard on 9 June; Carolyn Mastin and Betty Wimberly on 10 June; Mary Graham on 14 June; Sadie Wilson on 17 June; Albert Larrivee on 24 June; Barbara Biggie and Carol Ryals on 25 June; Carolyn Edwards and Diana Woodrum on 26 June; Linda Bunker and Carol Mulligan on 27 June; Mary Van den Heuvel on 28 June; and Barbara Rhodes and Tessie Martin on 30 June.

* * *

Glenda Strickland, Fiscal and Supply Service, would like to thank all the members of the CRA for the lovely potted plant they sent to her during her recent illness.



*National
Flag
Week
June 14-20*



Master Shipwreck

HMCM(SS) R. C. Clements, USN

Hospital Corps - 83 years of service

The Hospital Corps was established by an act of Congress on June 17, 1898 as a component of the Navy Medical Department. The current strength of the Hospital Corps is approximately 22,000 hospital corpsmen and 5,000 dental technicians. The dental technician became an authorized rating effective 2 April 1948.

The Navy ensures that the Hospital Corps personnel are well trained medics, capable of assuming their role in support of the fleet, whenever and wherever needed. Their training is programmed from Basic "A" school, to the wards for practical experience, then on to other clinical treatment areas. NRMC Orlando also offers the opportunity for hospital corps personnel to become clinical assistants by attending a 5-week in-house training program. At the two year mark of their first enlistment, hospital corpsmen may apply for one of 35 "C" schools or they will be reassigned to a sea duty billet. The ultimate goal of any hospital corpsman is to become trained to serve independent of a medical officer. The prestige and responsibility associated with independent duty is a gratifying experience.

Historically, the Hospital Corps has been one of the most decorated specialties within the armed services. World War I Corpsmen received 2 Congressional Medals of Honor, 55 Navy Crosses, 31 Distinguished Service Crosses, 2 U.S. Army Distinguished Service Medals, and 27 Letters of Commendation from the Secretary of the Navy. World War II Corpsmen received 820 major awards for meritorious service including 7 Congressional Medals of Honor and 52 Navy Crosses. Korean War Corpsmen received 5 Congressional Medals of Honor. Vietnam medics accumulated 3 Congressional Medals of Honor, 1 Legion of Merit, 29 Navy Crosses, 127 Silver Stars, 290 Bronze Stars, and 4,563 Purple Hearts.

The bravery and heroic exploits of our predecessors are unparalleled.

A toast to the Hospital Corps' 83rd! Here's to the honor of the hospital corpsmen of the past, thanks for the heritage; to those of the present, maintain that heritage; to those of the future, may you enjoy the honor and privilege of being called "Doc." Be proud to be a hospital corpsman!

Whooizzit?

It's RP2 Alethia Wright, Chaplain Tumblin's right hand! Petty Officer

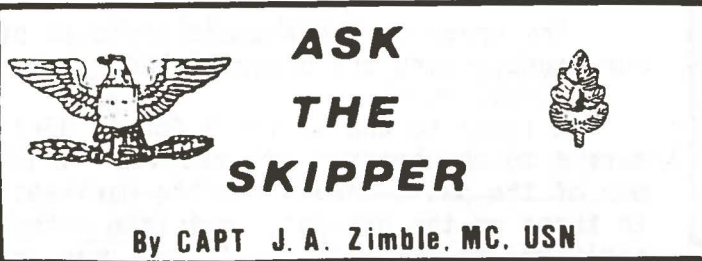


Wright is a five year veteran of the U. S. Navy. Petty Officer Wright reported on board NRMC Orlando on 6 July 1979 from Commander, Naval Forces, Korea. She hails from Philadelphia, PA.

* * * * *

We're glad you're here!

CDR G. G. Dunn, NC, from NRMC, Memphis
HM3 V. Kazmierczak from NRMC, Portsmouth
HR C. R. Alvarado from FMSS Camp Pendleton and NSHS San Diego
HA D. J. Barker from FMSS Camp Pendleton and HCS Great Lakes
HN P. A. Csizmadia from AHS, Fort Sam Houston
HR D. E. Frett from FMSS Camp Pendleton and NSHS San Diego
HR C. M. Holcomb from FMSS Camp Lejeune and NSHS San Diego
DA E. A. Hopkins from DT School, San Diego
HN H. H. Houck from FMSS Camp Pendleton and NSHS San Diego
HA T. L. Kibbey from FMSS Camp Pendleton and NSHS San Diego
HA M. A. Norris from NSHS San Diego
HN D. A. Pena from HCS Great Lakes
HA W. B. Robinson, Jr., from FMSS Camp Pendleton and HCS Great Lakes
HA A. P. Schepis from FMSS Camp Pendleton and NSHS San Diego
HA T. Slate from FMSS Camp Pendleton and HCS Great Lakes



Final forum

On 1 July, NRMC Orlando will experience its fourth change of command ceremony unique to the Naval Service. It is a moment in time during which an orderly transfer of authority and responsibility from one Naval Officer to another occurs, maintaining continuity and accountability throughout the transition. At that moment of transfer, Captain Larry Fout becomes the fifth commanding officer of this outstanding organization. I wish him fair winds and following seas, and I congratulate him for his good fortune to serve with the finest in Navy Medicine.

With the change of command so imminent, this column will be my last chance to pen words of remarkable inspiration and cosmic wisdom. As usual, there have been no formal or informal queries which I might construe as an "Ask the Skipper" entry; so I have the universe from which to select my soap box. I have just returned from the annual Commanding Officers' Conference, sponsored by the Surgeon General. At the conference, the current identified threat to our nation and the concomitant critical need to attain military readiness and competence to respond successfully to that threat was emphasized. I, therefore, consider the subject of NRMC Orlando's contingency mission to be a natural topic for my final forum.

First, I must commend the NRMC Orlando staff for consistently accomplishing our beneficiary mission through the provision of quality medical care to our very many consumers. Despite constraints in manpower, facility and fiscal resources, you have performed with extraordinary capability. I thank you, the NRMC team, for your commitment to quality, your dedication to excellence and your contribution to command mission. You have made NRMC Orlando an exemplary military treatment facility.

As you are well aware, we have another, more vital mission than providing health care to our beneficiaries. Essentially, the provision of that care is justified in that it enhances our primary mission, the contingency mission. Here in Central Florida, associated with a training command in a "peace time" mode, it is quite easy to lose sight of that mission to the operating military forces who depend upon us to sustain the flesh and blood elements of the weapons systems.

You have experienced recent changes which emphasize the fact that you wear a Navy uniform and that you are expected to be as professional in your military role as you are in your medical provider role. Be prepared for more such changes which evidence your commitment to the Navy. You will be required to take an active part in readiness and mobilization training, in honing your wartime skills and in maintaining the good order and discipline necessary for the exigency of war. I am as confident of your potential to meet future demands as I am proud of your proven achievements.

Admiral Cox, during his command visit last month, recognized the accomplishments of our staff and has commended us. In several meetings with officer and enlisted staff members, he has afforded us with his perceptions of the contingency and beneficiary missions of the Medical Department. The Surgeon General aptly portrays the role of Navy Medicine in supporting the fleet in his statement that we may not be the teeth of the dragon, but we most assuredly are the gums which hold the teeth in place!

Take pride in your dual professionalism, demonstrate your diligence in CME (continuing medical education) and CME (continuing military education) and continue to perform with excellence. I thank you for enhancing my professional growth over the past three years and hope to have many opportunities to again serve with you in the months and years to come!



U.S. Navy Photo